

School, college and university provide structure that suddenly falls away when you enter the unfamiliar world of work.

You might feel like you're on your own and you don't know what you want to do next. One way to help solve the puzzle is find out your strengths and get to know what you have to offer in a job.



Jobs aren't always what they seem...

For example, it might look as though flight attendants get to travel and see the world, where in fact, they're seeing more of the inside of aircrafts and hotels.

To make a good flight attendant, it's important to be a "people person" who is caring and considerate of the passenger's needs. You also need an eye for detail (how many passengers did you click through?) and to follow set procedures to keep everyone safe. Someone who naturally behaves like this is likely to be more suitable for the job than someone who enjoys travelling, but doesn't have those other qualities.

A job title can only tell you so much about what the job involves. For example, not all engineers do the same thing. Some need to be practical and hands-on; others need to analyse information to find solutions. What is needed depends on the type of work that is required and who else is working with you.

Qualifications aren't everything

Good qualifications can open doors into a number of professions, and lay the foundations for going further in your career, but other things are important too. Success in most areas of work depends on general ability and teamwork – and any good team needs people with different strengths who can be flexible in how they work and support one another.

Being confident about your own image and identity gives you a better chance of finding out what you have to offer, and what kind of work will suit you.

If you can present a clear picture of yourself to the outside world, that you are happy with, and that represents who you are, you're more likely to feel fulfilled in your job.

The guidance Get Set provides should help you to be more confident about who you are and what you have to offer, so that when the right opportunity for you comes along, you can seize it.